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- SPECIAL REPORT -

14 Reasons People Don't Reach Their Goals

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Introduction

I would like to share 14 key reasons people don't reach their goals. If you identify with any of the reasons offered in this report, you **can** make changes in your life, and succeed with your goals.

For details of 11 essential goal setting tools that can help you overcome obstacles and everyday frustrations and get what you want, visit this site today:

<http://www.eaziGOAL.com/goal-setting-tools.html>

Here we go...

Reason #0 People Don't Have Goals

Yes, this is reason #0. As a result of not having coaching in what real goal setting is about, a lot of us don't have specific goals, but rather just "go with the flow" and we live our lives day to day.

It is sad how many people have wishes, but no goal. A goal is: **A future incidence or event that is progressively worked towards.** Chapter 4 in the eaziGOAL manual offers powerful reasons and benefits of having a goal. This chapter is available as a free download.

You can get it here: <http://www.eaziGOAL.com/eaziGOAL-free-chapter.html>.

Read this free chapter and be reminded of the **value** and **benefit** of goal setting. Without effective goal setting, you MIGHT reach success, but when you use proven goal setting tools, and a goal plan, your level of success is increased several fold. I strongly recommend reading this chapter every now and again.

Reason #1 People Have an Unrealistic Goal

Attempting to reach an unrealistic goal causes frustration and disappointment. A primary reason for attempting to follow an unrealistic goal is as result of a lack of what real goal setting is actually about.

A further reason is that we don't use a practical goal setting system. And, it is also as result of the false "achieve anything you want" propaganda out there.

In Chapter 7 of the eaziGOAL guide you have **three key methods** to determine a realistic goal. Following a realistic goal means your ability to celebrate success is improved several fold.

You can get a copy of the eaziGOAL package at:
<http://www.eazigoal.com/goal-setting-tools.html>

Reason #2 People Don't Know What Their Passion Is

When you do something that you **really enjoy**, your energy and enthusiasm tends to go through the roof. Many don't find their passion in life – and this can often be as result that they don't have **practical** means to determine what their passion is.

You are no doubt familiar with the expression, "Follow your passion, and success will follow."

In Chapter 6 of the eaziGOAL guide you have practical techniques to help you determine what your passion is, and you can learn of things you can do with your passion, apart from following it full time.

Reason #3 People Don't Ask Questions

In the words of Anthony Robbins, "Quality questions create a quality life. Successful people ask better questions, and as a result, they get better answers."

In a hurried lifestyle, we don't take the time to prepare thoroughly, and when starting on the journey towards our goal, we also don't take time out to review where we are, or where we're going.

Asking questions, and considering different options at the start of your goal path, can make a difference in the end result. Often it can be the difference between success and failure.

Reason #4 People Don't Write Down Their Goals

Practically every goal setting or self-help book tells us to write down our goals, but it stops there. Some offer vague suggestions on how to **use** our written goal.

The actual written goal is not the key objective, but what you **do** with your written goal is what is important.

In Chapter 9 of the eaziGOAL guide you have a practical method on how to write your goal, and also how to get the most benefit from your written goal.

You can get your copy of the eaziGOAL package here:
<http://www.eazigoal.com/goal-setting-tools.html>

Reason #5 People Don't Use Affirmations

People disregard the value of using these small, but powerful tools. It is considered insignificant by many, yet the value of using affirmations has been proven through research to have a positive effect on the subconscious.

Using these seemingly insignificant tools correctly forms a positive effect on your subconscious, and as a result you will be amazed at your level of awareness to opportunities increases.

Reason #6 People Don't Take Action

Imagine a football team in the change rooms, discussing their game plan... down to the finest detail. Every little detail of how they are going to play, and win the game. But this is all they do. Talk about it. They never leave the change room.

We all know what the result of this is...

And this is what many of us do. We **talk** about our dreams and aspirations, but we never get out of the change room.

Chapter 13 offers you practical methods to actually get started on working towards your goal.

Reason #7 People Don't Take it One Step at a Time

It is common for us to think only of the "big picture", and this usually results in you becoming overwhelmed, or even disheartened. Certainly, you need to know where you want to go – otherwise you'll never get there anyway.

But, for all practical purposes, too much time and focus spent on the end destination can (and usually is) detrimental to the successful completion of the objective.

Reason #8 People Don't Keep On Keeping On

Persistence is essential to reaching any level of success, in anything that you undertake. It was Calvin Coolidge who said, "Persistence and determination alone are omnipotent." The really good news is that persistence can be achieved without special talent or skills.

The eaziGOAL companion software encourages and helps you to persist, with regular reminders that display on your computer.

You can get your copy of the eaziGOAL package here:
<http://www.eazigoal.com/goal-setting-tools.html>

Reason #9 People Don't Consider Obstacles

Considering the possible obstacles you can expect, places you miles ahead with your goal setting. With identifying your obstacles, you also have techniques to help you find solutions.

It is common that when the first obstacle appears, we tend to give up on our goal. By using a step-by-step process, it is possible to identify possible obstacles, and at the same time think of the solutions.

Reason #10 People Don't Use the Power of their Subconscious Mind

A solid foundation is essential to successful goal setting. Chapter 5 gives you the necessary tools to enable you to build just such a solid foundation, and go from success to success.

Reason #11 People Don't Ask this Question...

What if?

It has been my experience that by asking this simple question, you can avoid a lot of problems, not only in your goal setting, but in your life as well.

A big benefit of asking this simple question is that you become aware of options, you may not have thought of.

Reason #12 People Believe They Don't Have Time

One of the few things, whether rich or poor, famous or unknown. we are all dealt the same, is time. How we use the 24 hours we are given is up to us.

Using a clearly defined goal path, step-by-step actions, we can in fact "make" time. And small amounts of time added up equals a lot of time. For example, 15 minutes a day equals 450 minutes, or 7.5 hours!

Reason #13 People Concentrate Only on the “Big Picture”

When we concentrate only on the “big picture” – the end result, we can become despondent, and lose our enthusiasm for our goal.

When we have a clearly defined goal path, and we focus on the steps, we can become charged with enthusiasm and energy, with the successful completion of each step.

Reason #14 People Don’t Prioritize Their Goal Steps

By not breaking up our goal into doable chunks, we can lose sight of the actual route to take.

An example is a teenager I spoke to, who said she had the goal of going abroad. But it was no use as she didn’t have the money.

I explained to her that the money was in fact her first goal. By making that her goal, she could reach her big goal of going abroad.

Here's just some of the benefits you get using the eaziGOAL package:

- **Identify your goal**, using a practical and proven method.
- Set up a **practical goal setting plan**, to enable you to progress regularly towards the successful achievement of your goal.
- **Maintain your enthusiasm**, through practical techniques that will enable you to progress forward, and not lose your level of enthusiasm.
- **Progress with your goal** and in fact develop your enthusiasm and excitement, even if you're in a frustrating 9-to-5 job.
- **Overcome any fears** you have for reaching your goal, through practical techniques.

Get your copy today, and start on your road to success.

You deserve it, don't you?

Go here now and within minutes, you can have your own personal copy of the eaziGOAL toolbox:

<http://www.eazigoal.com/goal-setting-tools.html>

May you experience only the best that can be.

Colin Dunbar

[www.eaziGOAL.com](http://www.eazigoal.com)

"There is no more noble occupation in the world than to assist another human being - to help someone succeed."

- Alan Loy McGinnis, Author

What others say about eaziGOAL...

"You **helped me better identify potential obstacles** to reaching my goal and how to overcome them in more detail than other books I've read, especially the section on **asking questions of yourself and taking action.**" - Leon van der Walt, Johannesburg, South Africa

"There is nothing difficult about this system. Follow the **simple step-by-step instructions** and use the provided worksheets. The system asks you all the pertinent questions and you provide the answers." - Kim Oravec, Ohio, USA

"The **activity for finding your passion is a great idea**, and one that I haven't seen before. If I didn't already know what my passion is, this would definitely help me find it." - John Lenaghan, Langley, Canada

"This is an organized system, with the subtasks explained within the steps. **I like the practical exercises** to achieve success." - Nancy E. Wigal, Arlington, VA, USA

"eaziGOAL gives the reader a comprehensive overview of the subject of setting and achieving goals, without making the reader feel stupid or unlearned. **You cover the subject in a down-to-earth way**, with plain speaking and personal stories to illustrate principles." - Mark Moody, Yorkshire, England

"eaziGOAL got me thinking of goals in **smaller manageable chunks**, while still **keeping the big picture in mind**. It also reminded me to eliminate negative thinking." - Dennis Welch, Alton, IL, USA